

Diabetes Control In Your Hands

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Diabetes Control In Your Hands

"Interestingly, arteries in our legs and feet clog up much more readily than those in our arms and hands ... a diabetes diagnosis, which is then exacerbated by poor blood-sugar control.

What to Know About Peripheral Artery Disease—and Its Connection to Diabetes

DIABETES type 2 can cause a slew of serious complications if blood sugar levels are not controlled. Fortunately, a red juice has been shown to "consistently" improve blood sugar levels.

Diabetes: The red juice that can 'fight' diabetes by 'consistently' improving blood sugar

Taking a brief walk after eating can help lower the risk of type 2 diabetes and heart problems, according to a recent study published in Sports Medicine.

Short Walks After Meals Can Cut Diabetes, Heart Risks: Study

The National Institute of Diabetes and Digestive and Kidney Diseases says: "Damage to the nerves that control your sweat ... The sign on your hands that rings 'alarm bells' [INFORMER] Blood ...

Diabetes symptoms: The sign of nerve damage that 'often' strikes at night - 'severe'

Many rashes associated with diabetes disappear once blood sugar is under control. Skin issues that might cause ... Other rashes are brought on by diminished blood supply to your extremities (hands and ...

Diabetes And Skin Problems: 5 Expert-Backed Tips on How to Prevent Skin Issues in Diabetes

Poor circulation is a common problem, and it can affect your overall well-being and if left untreated can lead to serious complications.

If You Notice This on Your Body, Have Your Circulation Checked

New mothers with diabetes must eat on time, have enough water, sleep well and check their blood sugar levels before and after breastfeeding. Here are other important tips.

Diabetes: Breastfeeding tips for new mothers to control blood sugar levels

Is your poor blood sugar control responsible for your anger issues or low moods? Here's what happens to your mind and body when you have uncontrolled sugar levels.

Diabetes: Signs of poor blood sugar control in everyday life

Diabetes is a condition in which your body is unable to use insulin, produce insufficient amounts of insulin, or both. Diabetes patients experience higher blood sugar levels. Without prompt ...

Diabetes Symptoms: Look Out For This Nerve Damage Symptom That Strikes At Night

Dis diabetes bin make me dey piss too much and before I go reach toilet, piss don come out, dis na part of di problem wey pesin dey get if e get diabetes wey dem no treat well." ...

'I don dey for dis diabetes journey for 21 years' - Ethel

Diabetes is the seventh leading cause of death in the United States, according to the Centers for Disease Control and Prevention ... Read on—and to ensure your health and the health of others ...

The #1 Cause of Diabetes, Says Science

A video has been viewed hundreds of thousands of times that appears to show a Philippine news report touting a herbal supplement for diabetics as an alternative to using insulin. However, the video ...

Doctored video touting unproven diabetes treatment circulates online in the Philippines

If you're looking to shrink your belly after 40, we've put together a total-body workout to help you achieve just that.

Shrink Your Belly After 40 With This Total-body Workout, Trainer Says

With no end in sight to our summer of triple-digit temperatures, everyone needs to take precautions to avoid heat exhaustion and heat stroke. People with diabetes, though, need to be extra careful, as ...

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