

## Living Sober Anonymous

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### Living Sober Anonymous

Do you turn to alcohol when stewing in anger? In its book Living Sober, Alcoholics Anonymous suggests navigating these feelings with exercise, talking the situation through with a trusted friend ...

### 16 Expert Tips For Reducing Your Alcohol Consumption

For fans of Brad Pitt, we have some bad news—the long-time Hollywood star may retire soon."I consider myself on my last leg," he said in a new GQ interview. But Pitt certainly doesn't look ...

### Brad Pitt Cut This Habit for Good To Feel Great at 58

Although living in a pandemic is frightening ... not better. Although Alcoholics Anonymous isn't the only way to get sober, it worked for me. I still attend meetings regularly, something that hasn't ...

### AA has been a lifeline for me

Brad Pitt revealed in a new profile that he always felt 'alone in life', and that he became sober after his much-publicised split from Angelina Jolie.

### Brad Pitt reveals he spent years with 'low-grade depression': 'I always felt very alone in my life'

The actor and producer explained how he's "been pretty much hiding out" in his L.A. home for much of the pandemic — and how he's used that time to quit smoking and drinking.

### Why Brad Pitt quit smoking and drinking altogether during the pandemic: 'I don't have that ability to do just one or two a day'

The 58-year-old actor decided to get sober after his split from Angelina Jolie in 2016, and Brad is glad that he found a "really private and selective" group of people who wouldn't betray his trust.

### Brad Pitt: I felt safe at Alcoholics Anonymous

It's Brad Pitt's world and we're all just living in it! The superstar actor and producer, 58, recently opened up about life, ...

### Why Brad Pitt quit smoking and drinking altogether during the pandemic

Margera starred on the MTV prank and stunt series "Jackass," as well as multiple spinoffs, including "Viva La Bam." ...

### 'Jackass' star Bam Margera leaves rehab center without approval, police haven't found him: report

It's anonymous! Dear How to Do It ... you aren't just having your cake and eating it too but doing it while living in a Hostess factory with the metabolism of a small bird.

### I Keep Having Amazing Sex. Until the Second Date.

Former "Jackass" star Bam Margera left a Florida rehab center this week without getting approval, the facility's manager told police. The manager claims Margera, 42, was serving a court-ordered stint ...

### 'Jackass' star Bam Margera reportedly leaves rehab center without approval

Your individualised aftercare program may entail items such as: Regular appointments with your therapists to follow up on your progress Arrangements for your transition into a sober living home ...

### A complete guide to drug and alcohol rehab in the UK

Humana Treatment Centers in Los Angeles, CA See all treatment centers in Los Angeles Treatment Programs Out / Inpatient ...

### Humana Treatment Centers in Los Angeles, CA

Using a foundation of Alcoholics Anonymous, our facility utilizes a ... intensive outpatient, detox, and sober living. Life does not have to stop to get well, we acknowledge that individuals ...

### Dual Diagnosis Treatment Centers in New Jersey

It's Brad Pitt's world and we're all just living in it ... filed for divorce in 2016, he got sober and spent a year and a half attending Alcoholics Anonymous — though, given his star ...

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