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## **The Big Book of Organic Baby Food: Baby Purées, Finger**

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Having been a picky eater pretty much all my life, I was drawn to The Big Book of Organic Baby Food by Stephanie Middleburg MS, RD, CDN. Understanding how difficult starting the food process is with babies, she has constructed a wonderfully fun and

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uncomplicated guide for organics that carries you from their first bite to full family meals.

## **The Big Book of Organic Baby Food: Baby Purées, Finger**

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A baby food cookbook and more, The Big Book of Organic Baby Food contains: Ages and Stages —Each chapter covers developmental changes and FAQs to inform your nutritional decisions. Purees, Smoothies, Finger Food —Choose from more than 115 puree recipes and over 40 smoothie and finger food ideas.

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The Big Book of Organic Baby Food is the only baby food cookbook to feed the growing needs and tastes of your entire family.

## **The Big Book of Organic Baby Food on Apple Books**

The book was earlier unveiled in 2019 in collaboration with Pakistan Mission to the United Nations at UN Headquarters in

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