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The Poetry Pharmacy is exactly what it states in the title. This short read contains poems from a range of authors, all dealing with different subjects, such as bereavement, obsessive love, self image and self acceptance and various others. Some of these poems I enjoyed and appreciated more than others.

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Stephen Fry, “a matchless compound of hug, tonic and kiss.”. Universal, inspirational, delightful: William Sieghart 's The Poetry Pharmacy is less a collection of verse than a companion for life.

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William Sieghart, the publisher and
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